

Please circle the following league:

Men's Intermediate (Monday)

Women's Intermediate (Monday)

Co-ed Rec (Sunday)

Co-ed Intermediate (Tuesday)

Women's Power (Wednesday)

Co-ed Intermediate (Thursday)

Co-ed Rec (Thursday)

Please print the following:

Team name: _____

Team captain's name: _____

Captain's phone number: _____

Captain's email address: _____

If your team wants to play in the same division but on different nights you have to pay the league fee for both nights and fill out seperate forms!!

The roster must be completed with everyone's name at time of the first game whenever team's are to fill out the waiver. All team members and substitutes' names must be on the waiver; NO names will be allowed to be added once league play has begun.

Cut along the line and keep the bottom piece so you can keep track of the dates!!

Registration

Dates:

January 6, 2023-

March 1, 2023

Season Dates:

March 5, 2023-

April 27, 2023

Make up Dates-

April 23 - April 27

Schedules will be

finished by

March 3, 2023

Emails will be sent to the captains when schedules are done! You will be able to view the schedules and standings on our website throughout the session.

St. Joseph Rec Center

Registration Fee: \$230.00 per team

The spring session runs 7 weeks. SPOTS ARE LIMITED! Registration is on a first come, first served basis only. No registration accepted without payment in full, only one form of payment accepted per team and no late entries will be accepted.

Registration Dates:

January 6, 2023-

March 1, 2023

Season Dates:

March 5, 2023-

April 27, 2023

Make up games 4/23-4/27

Basic

R e c r e a t i o n a l L e a g u e :

This league is for beginners and teams that have not been playing for very long. Everyone knows the basic rules of volleyball. This league is more to learn the game and for fun. There should not be more than one power player on each team.

Advanced

I n t e r m e d i a t e L e a g u e :

This league is for teams who have been playing volleyball for a while. Everyone has knowledge of the rules, but each team's level of play can vary. This league is more competitive than the recreational level. Each team cannot have more than two power players on their team.

Expert

P o w e r L e a g u e :

This league is for teams with the most experience. Everyone has good knowledge of the rules. Each team should expect fast play, hard hits and serves.

— Men's Intermediate (MONDAY) — Women's Intermediate (MONDAY) —

— CO-ED Recreational (SUNDAY & THURSDAY) — CO-ED Intermediate (TUESDAY & THURSDAY) — Women's Power (WEDNESDAY) —



C O - E D :

- If two men on the same team have touched the ball; a woman must hit the ball before it goes over the net.
- There must be two women on the floor at all times. If your team is unable to have two women present at time of play, you must have approval from the official and the opposing team to play with one woman.

Cut along the line and keep the bottom piece so you can keep track of the dates!!



Registration is in person or online.

Scan the QR Code to register online!!!